weSpecialize

We specialize in the specific psychiatric and medical needs of the elderly. As people age they may become more susceptible to depression, disorientation, sleep disorders, paranoia, manic behavior and other mental and physical disorders. Medical conditions and certain prescription medications can aggravate anxiety, insomnia, loss of appetite and other symptoms of mental illness. Physical changes and psychosocial losses related to the aging process can also cause emotional distress.

weRestore

When these conditions begin to interfere with the individual's ability to manage their daily life, a short-term treatment plan is often necessary. We offer individualized treatment for individuals age 55 or over with serious emotional or behavioral problems, and support services for family members. We are committed to preserving the dignity of each patient and restoring them to their highest level of physical and psychological functioning and independence.

The Acute Gero-Psychiatric Hospital Special Care Unit is a licensed Medicare, Medi-Cal, and Kaiser Permanente provider.

theHome

THE HOME PRIDES ITSELF on being a leader in the field of gerontology and the changing needs of the elderly. Those who require the services of the Home live in dignity and respect within a warm environment, with the assurance that their special needs will be met in a way that is personal and sensitive.

ourLight

THE LIGHT OF COMPASSION always burns here; a torch that is passed on from one generation to the next. Like the columns that flank our main entrance, the Jewish Home is a pillar of strength and stability, serving our community with pride for more than a century.

JEWISH HOME

302 Silver Avenue San Francisco, CA 94112 415.334.2500 www.jhsf.org

acute GERO PSYCHIATRIC HOSPITAL special care unit





san francisco

Sometimes, an older adult needs more support than you can provide.

weAssist

WE OFFER AN INTIMATE SETTING of 12 beds, housed on the campus of a nationally—recognized geriatric center and skilled nursing facility. Patients have access to top geriatric specialists, activities programs, meals and nutritional counseling, physical therapy and an on-site pharmacy. Our staff can assist with all activities of daily living; we admit patients who are non-ambulatory and incontinent. All rooms are private.

weTreat

OUR **DIAGNOSTIC** AND **TREATMENT** services emphasize socialization, reality orientation and independence. They include:

- In-home assessment
- Comprehensive psychiatric, psychological and medical evaluations
- Individual and group psychotherapy
- Creative and recreational therapy
- Pet therapy
- Medication management
- Family counseling and education
- Physical and occupational therapy
- Comprehensive medical care
- Pastoral counseling for patient and family members, upon request
- Discharge planning, emphasizing placement in the least restrictive long—term setting

familySupport

PSYCHIATRIC SOCIAL WORKERS, nurses and geriatric specialists are available to provide counsel and guidance to assist you. When necessary, we can also send our team to your home to complete the evaluation and intake necessary for admission. Often, family members or caregivers need assistance in developing a plan to care for the patient upon discharge. Pastoral counseling is available if desired.

ourStaffing

THE STAFF EMPLOYS AN interdisciplinary approach to the evaluation and treatment of patients; the core team includes the staff psychiatrist, psychiatric nurse and a social worker. The psychiatric unit is under the direction of the Jewish Home's Medical Director. The staff psychiatrist supervises the psychiatric staff and program, conducts individual therapy and provides psychiatric management of the patients on the unit. A neuropsychologist is also available as necessary.

The Home's attending physician can provide medical management of the patient and participates in the interdisciplinary treatment planning. Psychiatric and medical staff are available 24 hours a day.

We can help.



Criteria

FOR ASSESSMENTS & ADMISSION

When the individual's symptoms become severe enough to interfere with normal activities or function, physicians and family members are encouraged to call. Assessments are confidential.

All referred individuals are carefully screened for admission by our psychiatric and medical staff. In general, patients must:

- Have a primary psychiatric diagnosis requiring acute inpatient treatment
- Be admitted on a voluntary basis
- Be able to participate in the treatment program
- Be 55 years or older
- Be insured by Medicare, Part A, or equivalent insurance

The Jewish Home welcomes and admission is open to individuals of all faiths, ethnicities, and racial backgrounds.

To refer, call: 415.469.2218